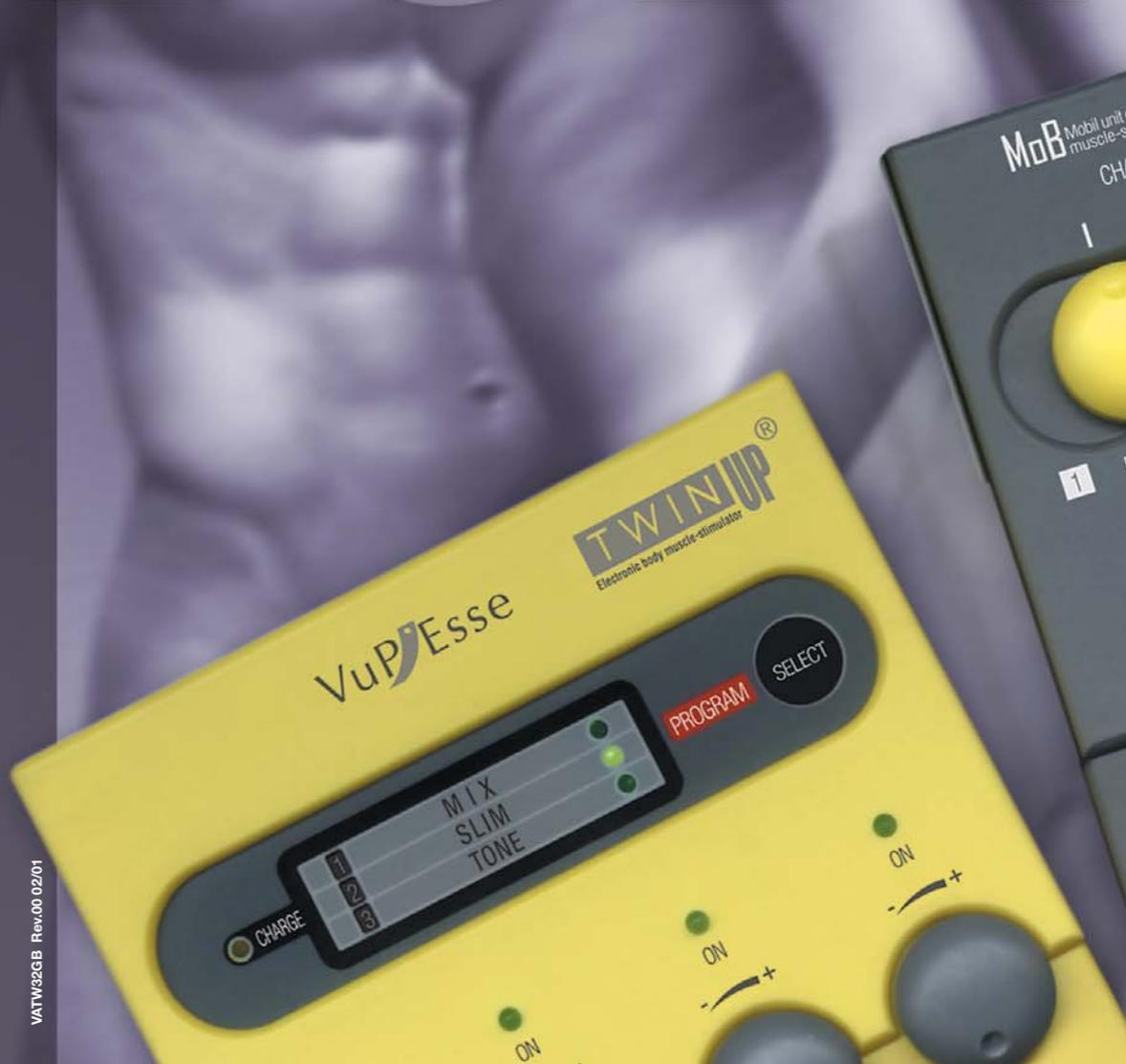


BODY TWIN UP

ELECTRONIC BODY MUSCLE-STIMULATOR



VATW32GB Rev.00 02/01

TWIN UP include:

- 1 main unit with 4 independent outputs (with 4 alkaline batteries supplied)
- 1 Mob, mobile unit with 2 outputs, (with NiMh rechargeable batteries supplied)
- 12 rubber electrodes with cellulose sponge D=7.5 cm
- 6 cables for electrodes
- 6 elastic retention belts with buckle
- 1 water sprayer
- 12 spare sponges for electrodes
- 1 user manual
- 1 mains battery charger
- 1 case

Optionals:

- A kit consisting of 4 adhesive gel electrodes for the body 9x4 cm (code ELAD4090)
- A kit consisting of 4 adhesive gel electrodes for the body 4.5x3.5 cm (code ELAD3545)
- Battery pack Ni-Mh 4,8V-1000 mA/h (code VATW09)

TWIN UP is safe

and complies with the most stringent international regulations. It is entirely designed and manufactured by Vupiesse Italia, a company with a Certified Quality System in conformity with ISO 9001 and EN46001, issued by the German body TÜV-CERT.



The company has over 20 years experience in the manufacture of professional electro-medical equipment, used mainly by the major hospitals and centres that deal with sports medicine, physiotherapy and medical aesthetics.

THE WIDEST EXISTING OUTFIT

- 1 - elastic belts for securing water electrodes
- 2 - electrodes with water sponges
- 3 - battery-charger LED
- 4 - output engaged LED
- 5 - stimulation intensity adjustment
- 6 - program selector button
- 7 - selected program LED
- 8 - 4 independent output connectors
- 9 - leads with snap fastener
- 10 - battery-charger LED
- 11 - output balancing
- 12 - impulse LED
- 13 - Mob intensity adjustment
- 14 - adhesive-gel electrodes 3.5x4,5 cm
- 15 - adhesive-gel electrodes 4x9 cm

MOBILE UNIT (MOB)

MAIN UNIT



TWIN UP BODY TONE - SLIM - MIX



TWIN UP is a dual-unit electrostimulator expressly designed for muscular exercise with the aim of training, firming and toning muscles all over the body and for slimming fatty areas.

It works on the principle of electrostimulation, meaning electric impulses applied by means of electrodes to the skin, directly on the muscles, which contract rhythmically and perform real and true physical exercise.

Muscular exercise induced by electrostimulation is particularly effective **because it can be intense and selectively targeted on single muscle groups** (something hard to achieve through active physical exercise).

TWIN UP consists of a main unit with 4 outputs and an independent portable unit with 2 outputs called MOB.

TWIN UP may use, besides the soft electrodes with water sponges supplied, the handy adhesive-gel electrodes which enable an ideal positioning on all parts of the body. Twin up is operated by rechargeable batteries. A battery charger is supplied as standard.

TONE program for toning up and firming the body.

This program is able to give really focussed body sculpting using the action of the excito-motor current which optimises trophism and muscular tone and drains liquids which have built up in the tissues.

TONE exercises muscles with prolonged contractions followed by short relaxing pauses.

This ensures demanding muscular work, comparable to that of a gym workout with heavy weights (bodybuilding) and consequent intense vascularization which **enables rapid recovery of muscular**

SLIM program for reducing adipose zones.

Localised adiposity, caused by bad eating habits and a sedentary lifestyle, is an increasingly more widespread problem universally acknowledged as producing considerable aesthetic damage, but also as being bad for the health.

The specific frequencies of the **SLIM** program submit the treated area to a dynamic muscular activity, which results in a considerable increase of local blood circulation and consequent rise in temperature. This results in increased energy consumption without any strain.

MIX draining program, for muscular relaxation and capillarization.

The continuous stimulation at a very low frequency with this program causes a rise in local microcirculation (**capillarization**) which is ideal for preparing muscles (warm-up) for SLIM and TONE programs.

MIX is also particularly suitable per muscular relaxation in case of **contracted muscles**, as of the cervical region, upper trapezius and muscular fasciae adjacent to the vertebral column.

Thanks to the draining and capillarizing action, TWIN UP can also be an ideal tool for combating the cellulite problem.



MAIN UNIT

**4 independent outputs for training 4 distinct muscular groups (8 electrodes)
3 specific work programs.**

MOBILE UNIT (MOB)

A fully self-contained detachable mobile unit which may be used independently of the main unit, with 2 outlets that allow it to be applied to 2 users at the same time or, given its reduced dimensions, allow it to be used in the office, in the car, on holiday etc...

Cellulite is in fact an unsightly defect based on defective primary microcirculation, leading to alteration of the adipose tissue and connective fibres.

A constant use combined use of **SLIM and MIX** programs, possibly coupled with a low-calorie diet, can give remarkable results.

TUMMY – toning and slimming

By moving the electrodes to different positions, all abdominal muscles can be exercised.

BREASTS

Exercise of the greater pectoral for firming and lifting the breasts.

THIGHS

Simultaneous treatment of the inner and outer thigh.

BUTTOCKS

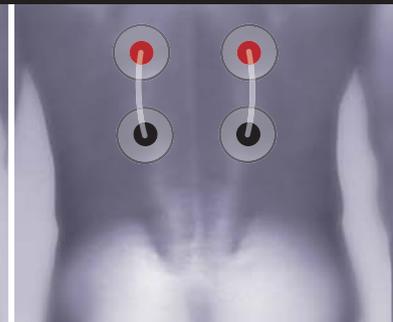
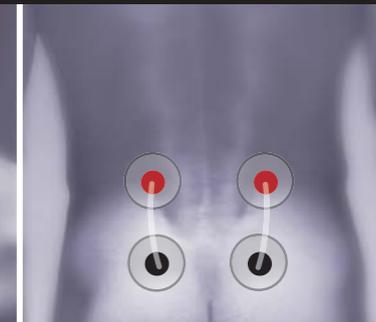
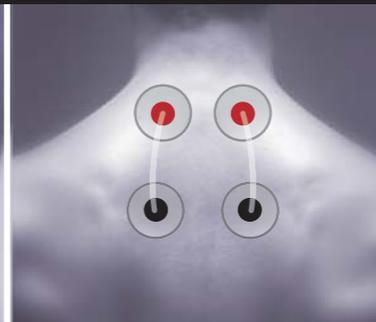
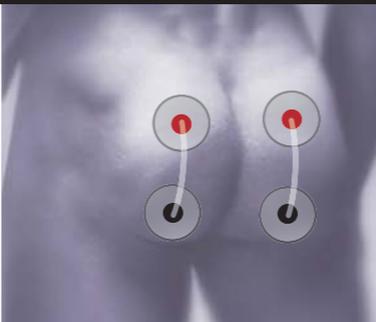
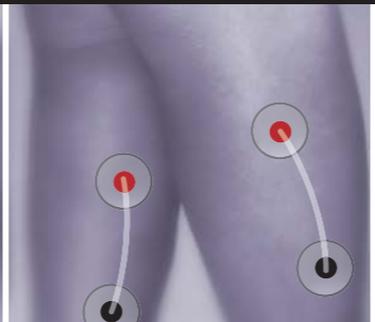
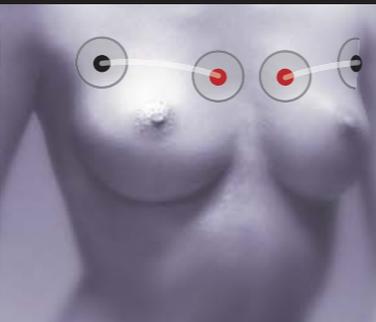
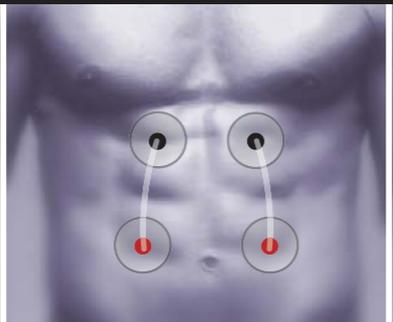
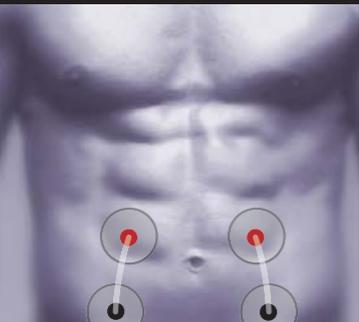
A targeted exercise for firming and noticeably lifting the buttocks.

CERVICAL AREA

For relaxing and loosening up cervical muscles.

DORSAL MUSCLES – Strengthening and decontraction

The availability of different channels makes it possible to exercise all of the dorsal muscles.



MIX
SLIM
TONE